

CALENDAR

TUESDAY, FEBRUARY 12, 2008

Time: 11:30 am – 1:00 pm

Luncheon: "Safety Quick Tips"

Speaker: Kelly Rudolph

Luncheon Sponsor: Childs & Childs, A Professional Law Corp

Location: Love & Garlic at Diana Court

5351 N. Diana (East of Blackstone, off Barstow)

Community Connection: Holy Cross Center for Women, Marjaree Mason Center, and Sisterhood of Survivors

See page 2 for donation details

TUESDAY, MARCH 11, 2008

Time: 11:30 am – 1:00 pm

Luncheon: As Pop And His Granddaughter Saw It

Speaker: Elizabeth Laval

Luncheon Sponsor: New York Life

Location: Love & Garlic at Diana Court



"Magic of the Night"

**16th Annual Network at Night
Business Trade Show**

**March 27, 2008, 5:00 to 8:00 pm
Fresno Convention Center, Valdez Hall**

(Sponsorships & Exhibitor Booths Available)

MONDAY, MARCH 31, 2008

Postmark Deadline for
2008 Scholarship Applications
See Page 2

Reservations & Payment

\$15 for February 12 Luncheon-Due February 7
with late fee of \$3 after January 3, (if seating is available).

Payments received date of luncheon \$20
(if seating is available)

Visa, MasterCard and American Express accepted for all Network events. Unless noted, additional information for these events, including membership, can be obtained by contacting the Network Office at:

(559) 450-2102 Fax: (559) 450-2041

Register on-line with credit card:

www.fresnowomensnetwork.org

or

Call to make your reservation, and

Mail check to:

Fresno Women's Network

P.O. Box 27500

Fresno, CA 93729-7500



"Safety Quick Tips"

Kelly Rudolph, "Your Personal Safety Trainer"™ and CEO of SURVIVE! Self-Defense LLC is passionate about making safety training fun and simple. After surviving rape and domestic violence, she trained extensively prior to creating

SURVIVE! to teach others how to prevent what she went through, earning certification as both a self-defense instructor and a workplace violence prevention specialist.

Her personal safety seminars, self-defense workshops and keynotes are popular with corporate, private and college audiences for their practicality and entertaining format.

Kelly has appeared on national TV with John Walsh of *America's Most Wanted*, been the focus of many articles, frequented news broadcasts as an expert on personal safety and self-defense, and received prestigious awards and recognition from three international martial arts association for her work with SURVIVE!

She is the author of Just Do the Small Stuff... Simple, Effective Ways to be Safe and Safety Quick Tips. Her Safety Quick Tips DVD series enables her to share her life-saving information with an international audience. Kelly is a sought after public speaker, self-defense instructor and safety coach.

Join us in February to hear this experienced, entertaining, and empowering woman educate us on how to be more aware of our own personal safety. She'll give us simple safety tips to follow, show us what attackers look for when selecting a victim, and how not to be that victim.

Please join us in thanking our February Luncheon Sponsor



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**PRESIDENT'S
MESSAGE**
Lucia Robeson
Union Bank of California

Thank you to everyone who attended and participated in the January luncheon. From the comments I received after the meeting, I believe that the message was conveyed that we are a network that brings so much to so many. I specifically asked each of our committee chairs to speak not only about their committee and what they do, but also about the growth that they have experienced as members of Fresno Women's Network.

Dianna Short said it best when she categorized herself previously as one who would prefer writing a check than getting involved. Dianna is one of the sparks that lights up the Network by getting the job done, but having fun while doing it. The Scholarship committee, and our commitment to young women in our community, is in good hands.

Katie Dubbels is another person that, like Dianna, became a member of a committee and now chairs that same committee. Katie's committee is dedicated to bringing in new members and making them feel welcome. The member socials, sponsorship of the June luncheon meeting, and the constant interaction with new and renewing members make this a committee that is always doing something. Katie, we are so pleased you have taken on the chairmanship of this committee.

Sandy Darling has always believed in giving back to any organization she belongs to, as evidenced by her recent award from the Marjaree Mason Center as one of its 2007 Women of the Year. Sandy embodies commitment to our organization, as do Joan Cenci and Mark Babcock, with the three of them having founded our Mentor Program. Sandy is also our Parliamentarian, helping to keep our meetings on task. Thank you, Sandy, for all you do.

Patti Galvin is an amazing woman. I listened to her talk today about her experience in moving here from Southern California, knowing no one here but her son. Talk about a risk taker! Her level of activity is great and her enthusiasm infectious, as she motivates her Special Events committee to higher goals each year.

Carole Laval wears many hats. She is the "go-to" person for so many things that I couldn't name them all. If something needs doing, Carole does it, without fanfare or thanks. Community Connections has taken on a new life in this past year because of her and the Fund Development committee she now chairs will surely follow suit. We are very fortunate that she will be our President in 2009.

Joanne Bazarian is one of those people that never know a stranger. She is interacting with numerous media people, encouraging them to support us in a myriad of ways. Net @ Night, and all our events, will be fully publicized, and Joanne and her committee are to thank for it.

To sum it up, the State of the Network is healthy given the commitment and talents of the people mentioned above. The other members of the Board - **Karen Bowser – Community Connection Chair, Kitty McManus - Secretary, Christina Roup - Treasurer, Maureen Otterson-Past President and Board Development Chair, Linda Durost - Legal, Gail Parvanian – Member at Large, Divonna Swan – Member at Large, Marsha Conant – Member at Large, Linda Dippel – Program Chair, Jaime Huss – St. Agnes Liaison, Suzanne Moles – Website Chair** and our **Office Manager, Karen Sorensen** - are also women who have taken on the task of keeping the Fresno Women's Network the vital and viable organization it is today.

But we can't do it alone.

We need the help, talent and creativity of **all** our members to continue what has become the type of organization that we can all be proud to be a part of. The Board provides an example of women who have received more than what they have given in terms of personal growth, friendships and business contacts. Are you ready to get more out of your membership?

It's Your Network – what can you do to help it (and yourself) prosper?

Community Connection

Submitted by Karen Bowser

As a reminder we will be donating to the following non-profits for February & March: Please refer back to your January newsletter for more details.

Holy Cross Center for Women: Items needed: flashlights with batteries, hair combs and hairbrushes.

Marjaree Mason Center. Items needed: disposable diapers (all sizes), full size toiletry items (like: deodorant, soap, lotion, shampoo), and feminine hygiene products (sanitary napkins and tampons).

Sisterhood of Survivors Items needed: 1 yard pieces of brightly colored fabric.

Help Wanted

Submitted by Patti Galvin

We need your help in planning and producing our Network at Night Business Trade Show and our 1st Annual Christmas Tree Auction. Even if you only have a few hours a month, we have opportunities with the following committees: Sponsor & Booth Committee, Food/Beverage Committee, Raffle Committee, Ticket Committee and Operations Committee. This is a fun and exciting way to meet other members and get more out of your membership in the Fresno Women's Network. For more information contact the Network Office or call Patti Galvin at 266-3700.

It's Scholarship Time Again!

Submitted by Dianna Short

Every month ladies in yellow aprons greet you at the luncheon and ask if you would like to buy some raffle tickets. You might ask yourself who are these ladies and why are they asking me for money? These ladies are the committee members for the Fresno Women's Network Scholarship Committee. Every month we raise money for our yearly scholarships, which we distribute in July to local students seeking financial assistance.

As the Scholarship Chair, I would like to thank my committee members, Stephanie Hausladen, Jena Torres, Blair Griffith, Karen De Sousa and Jodie Applegate, for their dedication and support last year and making the scholarship program in July 2007 such a success. I cannot wait to see what wonderful changes will come about this year!

I would also like to extend a "Thank You" to all of the Network members for their continuous raffle donations. 2008 applications are available on the website, along with qualifications and instructions. They have also been distributed to local universities, community colleges and trade schools.

Should you know any man or woman that is need of financial assistance and is an active member in their community, please pass the word along. We are here to help individuals that are striving to better themselves and their community. Completed scholarship applications must be post-marked no later than March 31, 2008.

WELCOME ABOARD NEW MEMBERS

For complete information, log on to the "Membership Directory" on our website <http://www.fresnowomensnetwork.org>

Have you forgotten your username and password for the Membership Directory portion of our website? Contact the Network Office.

Melinda Anguiano
DIRECTOR OF
DEVELOPMENT
Catalano Fenske & Associates

Nora Salazar-Hernandez
OPA ADVOCATE
Fresno Health Consumer
Center / CCLS

David K. Spengeman
CEO
Integrated Project Management

Danielle Thompson
EXECUTIVE DIRECTOR
Deaf and Hard of Hearing
Service Center

Lauren Long
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Secretary - Kitty McManus, *Jack Nadel International*
Treasurer - Christina A. Roup, *Citizens Business Bank*
Parliamentarian – Sandy Darling, *Guarantee Real Estate*
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Committee Chairs

Membership – Katie Dubbels, *Bank of the West*
Newsletter – Karen Sorensen, *Acting Chair*
Programs – Linda Dippel, *United Way Fresno*
Directory - OPEN
Scholarship – Dianna Short, *Blue Ribbon Sales*
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Member At Large – Gail Parvanian, *Rabobank*
Member at Large – Divonna Swan, *Farmers Insurance*
Member At Large – Marsha Conant



"Magic of the Night" March 27, 2008

Submitted by Patti Galvin

We all want to bring a little magic into our lives. For those of us that already have the magic, we want to share it and pass it on to others. Fresno Women's Network's 16th Annual Network at Night Business Trade Show is overflowing with magic.

Join us Thursday, March 27th from 5:00 to 8:00pm at the Fresno Convention Center in the Valdez Hall for our tradeshow-style fundraiser. A myriad of vendors are gathering to share their knowledge, experience and products with you. A wave of the wand and they can show you how to remove years from your appearance or give you a bright shining smile. Is there a gremlin currently residing in your computer? You might just find a Merlin among the merchants presenting their wares that can cast them out.

Enjoy the wonderful fruits of the valley as you stroll the aisles sipping wine and nibbling on some of the best gourmet food available. Local caterers, restaurants and hotels will be serving samples of their most popular menu items as neighboring wineries pour delectable reds and whites.

The magic continues as you search for the hidden treasures in our scavenger hunt. If you have a keen eye, find all the treasures on your card and be entered into a drawing for a special prize. Special items will be discreetly hidden in selected vendors' booths. If you have a booth and would like to be a part of our hunt, please contact us. We promise that this will not be disruptive to the guests at your booths.

Do you have the magical answers? Then sign up to highlight your solutions during our Break-out Sessions. Designated areas have been set up for your presentations. Interested guests will be invited to sit before you as you describe your company, products and services. A schedule of presentations will be clearly posted throughout the hall. There is an additional charge to vendors for this marketing opportunity.

Sponsors - don't delay. To be included on the posters and in the printed materials, it is imperative that you contact us prior to February 15th. If you haven't reserved your booth yet, please don't wait any longer. Booths are on a first-come-first-served basis and filling up fast. This promises to be the biggest and best Net at Night ever!

Contact the Network Office or call Patti Galvin at 266-3700.

Our Mission Statement

The Fresno Women's Network was founded in 1987 as a way for women to support each other in business, personal, and professional growth. Members are encouraged to build relationships, mentor one another, and give back to the community.



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Newsletter Fund	Raffle Donors	Monthly Buddies
<p>Help support your newsletter! Find out how by downloading our NEW Newsletter Fund Agreement from our website at: http://fresnowomensnetwork.org/newsletters.php</p> <p>Patron Kristine Cerro, Emeritus Saint Agnes Medical Center</p> <p>Benefactor Debra Nalchajian-Cohen Cohen Communications</p> <p>Advocate Lisa Marsella Purtell Morgan Stanley Leslie H. Kos CPA Hills, Renaut, Homen & Hughes Kitty McManus Jack Nadel International Louise M. Richardson Fresno County Library Sue McCombs McCombs & Associates Anne Dritz Certified Notary Signing Agent</p>	<p>If you would be interested in donating an item at an upcoming luncheon, please contact Dianna Short at short_dianna@yahoo.com</p> <p>December 2007 Raffle Donors</p> <p>Lucia Robeson - Union Bank of California Karen Bowser - Creative Memories Consultant Joanne Bazarian - Perfect Balance Yoga Carolyn Kovalski - Facelogic Dr. Lynda Brown & Joanne Bazarian Kitty McManus - Jack Nadel International Shann Conner - Kaiser Permanente Carole Laval - Laval & Associates Dr. Lynda Brown - Psychologist Patti Galvin - Foster Industries, Inc. Joan Meyers - Guarantee Real Estate Beverly Perryman - Arbonne International Pamela Alexander - 47th Place Carpet One Kellie Psaila - Psaila Insurance Agency, Inc. Lynn Sanderson - Lynn Sanderson Photography Cheryl Medeiros - Piccadilly Inn Hotels Kathryn Sheppman - GJ Gardner Janice Carson - Diamond Brokers Melody Sanders - San Joaquin Gardens Marsha Conant Kelly Sylte - Life Success Consultant</p>	<p>Contributing to the Buddy Bag Program serves several purposes; It welcomes our new guests and demonstrates the diversity of the businesses and services that we represent. It also provides an excellent yet easy opportunity to showcase your business. Make 2008 the year that you get more involved with the Network!</p> <p>NOTE: Please drop off Buddy Bag contributions at Guarantee Real Estate, Palm and Shaw, or bring to the luncheon meeting. Call Joan Meyers: 284-4854, for more information</p> <p>December 2007 Buddy Bag Donors</p> <p>Diamond Brokers, Janice Carson Professional Business Bank, Karen Nishimura-Heyano Treva Diane Lee DDS, Treva Diane Lee Creative Memories, Karen Bowser North American Title Company, Susan Noel Piccadilly Printing, Marsha Conant San Joaquin Valley College, Nancy Hale Weekenders, Bunny Matson Farmers Insurance Group, Divonna Swan Jack Nadel Int'l, Kitty McManus Guarantee Real Estate, Joan Meyers</p>

Network News Editors –Jennifer Wojtas, Willow Creek & Valley Healthcare Centers & Jan Bowman, Central Valley Community Bank • **Production:** - Karen Sorensen, Mary Kay Cosmetics • **Printing /Distribution** - Val Print Xpress

The Fresno Women's Network disclaims any liability for loss or personal injury, which might occur during the course of tours, trips, luncheons, dinners or other events. All tours, trips, luncheons, dinners or other events arranged by the organization are for the convenience and pleasure of the members and their guests who desire to participate. The organization does not assume responsibility for the well being or safety of the participants or passengers or their property in any matter pertaining to said tours, trips, luncheons, dinners or other events.