



CONNECTIONS

www.fresnowomensnetwork.org

Vol. XXIII June 2009

CALENDAR

THURSDAY, JUNE 8, 2009

Deadline to Pre-purchase tickets for our Network Fundraiser Ladies Night Out at the Ballpark for June 18th
Pre-purchase tickets available through June 8 only
<http://www.fresnowomensnetwork.org/downloads/GrizzliesTicketForm.pdf>

TUESDAY, JUNE 9, 2009

Time: 11:30 am – 1:00 pm

Luncheon: "Get into the Game....of Networking"

Luncheon Sponsor: The Fresno Grizzlies

Location: Banquet Facilities at 5351 N. Diana (East of Barstow, off Blackstone)

June Community Connection: Valley Animal Center

(see pg 3) More details available on our website

THURSDAY, JUNE 18, 2009

Time: 7:05 pm

Ladies Night Out at the Ballpark

Location: Chukchansi Park

THURSDAY, JUNE 25, 2009

Time: 5:00 pm – 8:00 pm

Network Mixer sponsored by Wathen-Castanos

Location: Ivy Gate at Harlan Ranch (1775 N. Connery Lane, Clovis)

Please RSVP by June 22nd to Sharon Fisher

559.432.8181 or sharonf@wathen-castanos.com

TUESDAY, JULY 14, 2009

Time: 11:30 am – 1:00 pm

Luncheon: "Scholarship Awards Presentation"

Speaker: Gerre Brenneman, Evangel Home, Inc

Luncheon Sponsor: To Be Announced

Reservations & Payment

Payment for June 9 Luncheon-Due June 4

\$16 for current members & their first time guests

\$21 for non-members

with late fee of \$3 after June 4, (if seating is available).

Payments received date of luncheon, add \$5 each

(if seating is available)

Visa, MasterCard and American Express accepted for all Network events. Unless noted, additional information for these events, including membership, can be obtained by contacting the Network Office at:

(559) 450-2102 Fax: (559) 450-2041

Register on-line with credit card:

www.fresnowomensnetwork.org

or

Call to make your reservation, and

Mail check to:

Fresno Women's Network

NEW Mailing Address:

1303 E. Herndon Ave. Mail Stop 55

Fresno, CA 93720

"Get into the Game....of Networking!"

Did someone say Game...as in Sports? That's right ladies, this years June luncheon will hit a home run as we take a different approach to networking. So many of us make time out of our busy lives for our love of the game, whether that game is baseball, football, basketball, or fencing, we make the time because it's...well, fun! Wouldn't it be great if networking was as grand of an experience as hitting a home run, or crossing that finish line? Well it can be. Join us on June 9th for a networking luncheon and your very own Membership Committee will show you how.

This month's luncheon sponsor is the Fresno Grizzlies and if anyone knows how to have a good time its Fresno's own Minor League Baseball team. If you haven't had a chance to make it to a game, now is your chance. In an effort to further this exciting partnership between the Grizzlies and the Network, mark your calendar for June 18th – Ladies Night Out at the Ballpark. Not only will this provide another opportunity for you to Network, but the atmosphere is fun, relaxing and enjoyable for everyone. You can support the Network by purchasing your ticket in advance right from our website. Just download, print, and fax the form to Karen at the Network office.

The Grizzlies along with several of our other members have volunteered to decorate a table at the June Luncheon. Each table will represent a different sport or game of interest. You will have the chance to once again vote on the "best dressed" table and take part in a raffle of amazing sports related items. The activities of the day will help you to meet new people but most especially make a lasting connection. So step up to the plate and make your reservation early, this is one luncheon you don't want to miss!

**June Luncheon Sponsor:
The Fresno Grizzlies**

Ladies NIGHT Out

Thursday, June 18th 7:05pm

Come out and celebrate being a woman and support women in your community.

Don't miss out!

Night Will Feature...

- Manicures, Pedicures and Makeovers
- The First Ever Dugout Fashion Show
- Goody Bags for First 50 Groups to Sign Up
- Thirsty Thursday features \$1 drinks
- Post-Game Player Dinner Auction with proceeds benefiting the Mary Kay Ash Charitable Foundation



GET YOUR BUSINESS INVOLVED: Promote your business to all fans with a booth on the concourse during the game!

Contact Taylor Woods or Laura Pimentel at 559.320.HITS



**PRESIDENT'S
MESSAGE**
Carole Laval
Laval & Associates

Join In

We're interested in you! Our May meeting was all about making sure you have plans in place for a secure future.

Every May we recognize our departed member, Susan Melkonian. Susan loved the Network and unexpectedly died in 2005. She made a generous bequest to the Network in her will, knowing that it would be put to good use benefiting the organization she was so proud to be a part of. We celebrate her memory at our May luncheon, and award a scholarship in her name each July. As a result of Susan's planning, her good works continue long after her passing.

Our highlighted member this month, Robirda Lyon, is an attorney specializing in wills and trusts. If you don't make plans for an orderly disposition of your assets, the state will. You want to be in control of this, and we have a number of attorneys as members who provide this service. You will find them listed in the "Legal Services" section of our online and printed directories.

Fresno Memorial Gardens, our luncheon sponsor, provided information about the services they provide to again put you in control. Death is one of the two absolute certainties of life (the other being taxes), and we never know when it will come. Take control of this so that it proceeds in the manner you want. You will find Fresno Memorial Gardens listed in the "End of Life Services" category of our directory.

Finally, Trish Nicasio of the Society Security Administration (SSA) spoke to us about the importance of checking the annual reports the SSA sends us for accuracy so that we get the benefits we are entitled to when we need them.

Although not planned, the overriding theme of our May luncheon was taking control of your future. Control means taking inventory of what you already have and what you need for the future. It means an orderly, reasoned transition rather having decisions made by others out of emotion, guilt, or ignorance. We work hard over the years to build and protect our families, our businesses, and our assets. Do not deny the inevitable. Make sure that you've planned adequately for a comfortable retirement and orderly transition upon death.

Our Membership Committee takes over our June meeting every year to create a special networking event. They've outdone themselves this year! We will be celebrating summer, baseball and networking! The Fresno Grizzlies will be hosting our lunch and we will be out in full force for Ladies Night Out at Grizzlies Stadium on June 18. I can't think of a better night out than hot dogs and beer and a baseball game. Go to our website and get your tickets now!

We have so many opportunities for you to join in and reap the benefits of networking in your personal and professional lives. Take advantage of them! In addition to our monthly luncheons, we have our monthly mentoring meetings hosted by Joanne Bazarian and Lucia Robeson. We have membership mixers and numerous other social events throughout the year.

If you ever have a question about how you can join in, call me. I want you to realize all of the benefits we have to offer.

Order your Grizzlies tickets now and join us for Ladies Night Out on June 18: I've got mine!

**Member Highlight Summary
from our April Luncheon**

Submitted by Linda Lu

Judy Norton, Wellness Coach USANA Health Sciences

As co-owner of Norton Chiropractic Wellness Center Judy hopes to educate and influence women on improving their health and placing prevention of disease as a top priority. Through chiropractic care, healthy supplementation, skin care, and a low-glycemic food line this is possible. Judy can be reached by phone at (559)307-3904 or email at dcwellness@usana.com

Ladies Night Out at the Ballpark

Submitted by Katie Dubbels

Come spend the evening of Thursday June 18th with the Fresno Grizzlies and your friends at the Fresno Women's Network. This is a fundraising effort for the Network so please help us hit a Grand Slam by purchasing your tickets in advance. The night promises to be filled with activities of interest for ladies with hearts of all ages. When you buy your tickets in advance, you will save money while supporting Network scholarships, general operations and other networking events. Don't strike out and miss a night that promises fun and great networking possibilities.

Tickets are just \$11. Use this link <http://www.fresnowomensnetwork.org/downloads/GrizzliesTicketForm.pdf> to print out a ticket pre-purchase form. You can also use the form inserted in this Newsletter issue. We must receive your order by Monday, June 8th.

We will also be selling tickets at the May 12th luncheon, and at the May 27th Mixer. You can also contact Katie Dubbels directly to pre-purchase your tickets. This can be a great event for you to step up to the plate and bring out family, friends, or your hard working staff. Thank you in advance for all your support and let's play ball!!!

Katie Dubbels 559-440.4668 or Katie.Dubbels@BankoftheWest.com

Gratuities

Submitted by Katie Dubbels

The Fresno Women's Network would like to thank Linda Lu and New York Life for generously providing the facility and beverages for our April New Member Orientation. Due to your support we were able to properly welcome over 30 new members to our fantastic organization with lunch and recommendations on how to "join in."

Raffle Prize Donations for New Member Orientation:

- Lynn Eischen, Eischen's Professional Resume Service
- Penny Childers, Chapel of Grace
- Heather Layne, Singer Songwriter
- London Chong, Nurse Consultant's
- Susan Noel
- Katie Dubbels, Bank of the West
- Regina Leathers, Bank of the West
- Linda Lu, New York Life
- April Cavanaugh, New York Life
- Liz Gonzales-Garvin, BBB
- Sandra Rodriguez Lucero, Avon

Thank you for supporting the Membership Committee!

Our Mission Statement

The Fresno Women's Network was founded in 1987 as a way for women to support each other in business, personal, and professional growth. Members are encouraged to build relationships, mentor one another, and give back to the community.

WELCOME ABOARD NEW MEMBERS

For complete information, log on to the "Membership Directory" on our website

http://www.fresnowomensnetwork.org/membership_directory.htm

Have you forgotten your username and password for the Membership Directory portion of our website? Contact the Network Office.

Kacey Auston
OWNER/COLORIST
The Studio in the Tower

Cathy Frost
OWNER
BennettFrost Personnel Services

Bonnie Hansen
DIRECTOR OF SALES
Piccadilly Inn Hotels

Keiko Hatakeda
AAA

Mandana Kouroshnia DDS
GENERAL DENTIST
Bullard Dental Group

Carol Mazur
HUMAN RESOURCES
Referred by Marty Frantz

Tina Menard
The Golden 1 Credit Union

Shauna Miller
OWNER
Water 2 Wine
Referred by Nykole Hibbs

Karen Mitchell
SALES REPRESENTATIVE
Communities Against Crime
Referred by Leta Smith

Kris Payne
DIRECTOR OF COMMUNITY RELATIONS
Well-Being Group

Heather Savage
DESIGN, PRINT & MAIL CONSULTANT
Direct Line Print & Mail

Brynn Shriver
ACCOUNT MANAGER
K-Jewel 99.3 & 1300 KYNO AM

Leta Smith
BUSINESS DEVELOPMENT ASSOCIATE
Staples Business Advantage
Referred by Patti Galvin

2009 Network Board

Executive Committee

President – Carole Laval, *Laval & Associates*
First Vice President -- Karen Bowser, *Creative Memories*
Second Vice President – Linda Dippel, *United Way Fresno*
Secretary -- Kitty McManus, *Jack Nadel International*
Treasurer – Jamie Eropkin, *Finch Ocheltree Rowland & Shoopman, LLP*
Parliamentarian – Gail Parvanian, *Rabobank*
Past President -- Lucia Robeson, *Union Bank*

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Newsletter – Katrina Tonkogolosuk, *Professional Print & Mail, Inc.*
Programs – Marsha Conant
Directory – Jennie Guadagno, *Dumont Printing*
Scholarship – Dianna Short, *Western Pistachio Association*
Public Relations – Joanne Bazarian, *Perfect Balance Yoga*
Board Development -- Lucia Robeson, *Union Bank*
Web Site – Suzanne Moles, *Wattleweb Global Solutions*
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Community Connection – Linda Dippel, *United Way Fresno*
Fund Development – Karen Bowser, *Creative Memories*
Special Events – Nykole Hibbs, *Dinner MyWay*
Legal – Linda K. Durost, *Linda K. Durost, Inc.*
Member At Large – Divonna Swan, *Farmers Insurance*
Member at Large – Joan Meyers, *Guarantee Real Estate*
Member At Large – Melanie Coventry, *The Pines Resort & Conference Center*

"On the Move"

Have you changed jobs? Been promoted? Won an award? Submit your info to the Network Office, so we can publish your news in a future issue.

"Transitions"

Did you just get married? Have a baby? Another life event you'd like to share with the membership? Submit your info to the Network Office, so we can publish your news in a future issue.

June Community Connection Partner

For contact information & more info, visit our website:

http://www.fresnowomensnetwork.org/community_connection.htm

Submitted by Linda Dippel

Valley Animal Center-Brittnee Maxfield 233-8690

The Valley Animal Center is dedicated to controlling the pet population through education and spaying and neutering, not euthanasia. We believe that animals, as living creatures, deserve to be protected, respected, and given every consideration morally and ethically. Our mission is to assist with and provide for the health and welfare of animals that have been injured, to promote the bond between animals and people, and to instill an appreciation and respect for all living creatures with whom we share this earth.

Needs: Heavy duty garbage bags (33 gal), bleach (non-ultra), canned, wet dog/cat food, laundry detergent, paper towels, scrubbing sponges

More Gratuities!

Submitted by Nykole Hibbs

The Special Events Committee would like to thank Water 2 Wine for hosting their mixer last month. The event, held on Tuesday, April 28th had a great turnout. Thank you to everyone who attended!

Save the date: Thursday, June 25th

Submitted by Joanne Bazarian

Laura Mather, Network member and Director of Sales and Marketing for Wathen-Castanos is hosting a summer mixer for the Network. As we joined together in January out at Harlan Ranch for fabulous food, wine and fun, we will once again venture out to Harlan Ranch on Thursday, June 25th from 5-8 pm, to Ivy Gate at Harlan Ranch to tour their 3 newest model homes at 1775 N. Connery Lane, Clovis,

Come on out for the food, wine and fabulous raffle prizes, but most of all for another opportunity to Network! Catering by Campagna's.

Look for your flyer in June's newsletter for more details.

Founding Sponsor



Saint Agnes Medical Center



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Newsletter Fund

Help support your newsletter! Find out how by downloading our **NEW** Newsletter Fund Agreement from our website at:

http://www.fresnowomensnetwork.org/downloads/newsletter/NewsletterFundAgreement_100108.pdf

Partners in Education

Your name could be here!

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Your name could be here!

Advocates

Leslie H. Kos CPA
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Kitty McManus
Jack Nadel International

Sue McCombs
McCombs & Associates

Raffle Donors

If you would be interested in donating an item at an upcoming luncheon, please contact Dianna Short at short_dianna@yahoo.com

April 2009 Raffle Donors

Carolyn Kovalski--Facelogic

Ellie Huston

Judy Norton—USANA Health Services

Nykole Hibbs—Dinner MyWay (Clovis)

Jackie Doumanian—CSU Summer Arts

Linda Dippel—United Way of Fresno

Cindy Lea Sambueso—Healthy Touch for Animals

Joanne Bazarian—Perfect Balance Yoga

Karen Bowser—Creative Memories Consultant

Janna Graham—Fresno Philharmonic

Monthly Buddies

The Buddy Bag program welcomes our new guests and demonstrates the diversity of the businesses and services that we represent. It also provides an excellent yet easy opportunity to showcase your business.

NOTE: Please drop off Buddy Bag contributions at Guarantee Real Estate, Palm and Shaw, or bring to the luncheon meeting. Call Joan Meyers: 284-4854, for more information

April 2009 Buddy Bag Donors

Jack Nadel, Int'l, Kitty McManus
Guarantee Real Estate, Joan Meyers
Trevia Diane Lee DDS, Treva Diane Lee
Creative Memories, Karen Bowser
The Master's Helping Hands, Suzanne Bishop/Susie Leal
Professional Print & Mail, Katrina Tonkogolosuk
Aerotek, Mary Anderson
CSU Summer Arts, Jacqueline Doumanian
Paradise Springs, Rhonda Salisbury

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• **Production:** - Karen Sorensen, Mary Kay Cosmetics • **Printing /Distribution** - Val Print Xpress

The Fresno Women's Network disclaims any liability for loss or personal injury, which might occur during the course of tours, trips, luncheons, dinners or other events. All tours, trips, luncheons, dinners or other events arranged by the organization are for the convenience and pleasure of the members and their guests who desire to participate. The organization does not assume responsibility for the well being or safety of the participants or passengers or their property in any matter pertaining to said tours, trips, luncheons, dinners or other events.